

STEVEN D. KAMAJIAN, D.O., C.M.D., F.A.C.O.F.P.

Family Medicine | Diplomate, American College of Osteopathic Family Physicians
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Curriculum Vitae

PROFILE

Family medicine physician, osteopathic leader, educator, speaker, and innovator with extensive experience in private practice, medical staff leadership, skilled nursing, hospice, community health, patient-centered medical homes, and sustained community volunteerism. His work emphasizes whole-person care, empathetic engagement, disruptive innovation in healthcare delivery, and improved access for low-income and hard-to-reach patient populations.

EDUCATION

Philadelphia College of Osteopathic Medicine Degree of Doctor of Osteopathy	Philadelphia, PA	June 1978
St. Joseph's University Bachelor of Science, Biology	Philadelphia, PA	June 1974

INTERNSHIP AND RESIDENCY

Metropolitan Hospital Residency, Family Practice	Philadelphia, PA	1979-1981
Botsford General Hospital Rotating Internship	Farmington Hills, MI	1978-1979

PROFESSIONAL EXPERIENCE

- **Family Private Practice**

Montrose, CA - 1989-Present
Glendale, CA - 1983-Present
Tarzana, CA - 1986-1989

- **Westminster Free Family Clinic / Westminster Free Clinic**

Founder, CEO, Chief Medical Officer - 1993-Present

Founder and Chief Medical Officer; helped bring the medical home model to low-income and hard-to-reach patient populations long before healthcare reform and accountable care became national priorities.

- **Glendale Physicians Associates**

Medical Director - 2006-2010

- **College of Osteopathic Medicine of the Pacific, Western University**

Associate Professor, Family Medicine and Senior Physicians - 1981-Present

PROFESSIONAL EXPERIENCE AND LEADERSHIP

- **Glendale Adventist Medical Center**
 - *Chief of Staff - 2006-2007*
 - *Chief of Staff Elect - 2005-2006*
 - *Secretary Treasurer, Medical Staff - 2004-2005*
 - *Chairman, Department of Family Medicine - 1998-2004*
 - *Member at Large, Executive Committee - 1994-1998*
 - *Medical Director, Adolescent Care Unit - 1984-1987*
 - *Family Practice Steering Committee - 1993-Present*
 - *Chairman, Well Being Committee - 2016-Present*
- **Hillcrest Hospice**
 - *Medical Director - 2010-2014*
- **Ararat Nursing Home**
 - *Medical Director - 2006-2014*
- **Autumn Hills Skilled Nursing Center**
 - *Medical Director - 1995-Present*
- **Verdugo Hospice**
 - *Medical Director - 2005-2008*
- **Universal Primary Care Medical Group**
 - *Medical Director - 1992-2002*
- **Pasadena A (Alzheimer's) House**
 - *Medical Director - 1985-1987*
- **Adventist Health**
 - *Utilization Review Committee Member - 1995-Present*
- **American Osteopathic Association**
 - *California Delegate to House of Delegates - 2007-2019*
- **American College of Osteopathic Family Physicians**
 - *President, State of California - 2003-2004*
 - *Board Member - 1984-2019*
- **Premier Medical Associate IPA**
 - *President - 1994-1998*
- **Wilson Medical Group**
 - *President - 1992-1997*
- **Gumri, Armenia**
 - *International Missionary Work - 1995*
- **Woodview Calabasas Hospital**
 - *Attending Physician - 1987-1992*
- **Coldwater Canyon Hospital**
 - *Attending Physician - 1985-1988*
- **Pasadena Community Hospital**
 - *Attending Physician - 1985-1988*

AWARDS AND HONORS

- Osteopathic Physicians and Surgeons of California - Life Time Achievement Award (2014)
- Adventist Health - Physician of the Year (2011)
- AstraZeneca - Spirit of Humanity (2010)
- American Osteopathic Foundation - Physician of the Year (2009)
- Fellows Paper Crest Award - American College of Osteopathic Family Physicians (2009)
- Top 10 Finalist, J.H. Kanter Award (2009)
- Health Care Foundation, Glendale Adventist Medical Center - George Abelmann Award (2005)
- American College of Osteopathic Family Physicians - Family Physician of the Year, State of California Chapter (2004)
- Family Circle Magazine - Recognition for organization of Westminster Free Family Clinic (May 2003)
- Osteopathic Physicians and Surgeons of California - Physician of the Year (2003)
- Conejo/Las Virgenes Future Foundation - Citizen of the Year Award in Business and Health Care (2001)
- Medical Economics Magazine - Recognition as "Doctor Who Goes the Extra Mile" (October 2001)
- Richard E. Eby Humanitarian Award - Osteopathic Physicians and Surgeons of California for work during Northridge Earthquake (1995/2010)
- California State Assembly - Certificate of Recognition for Commitment to Children of Glendale and Glendale Healthy Kids (1990)
- College of Osteopathic Medicine of the Pacific - Certificate of Appointment as Associate Professor of Family Medicine (1984)

BOARD CERTIFICATIONS AND CREDENTIALS

- Fellow Institute of Leadership in Medicine - October 2013
- American College of Osteopathic Family Physicians - Board certified since 1981
- Fellow, American College of Osteopathic Family Physicians - March 2009-Present
- American Medical Directors Association - Certified Medical Director (CMD), April 1997-Present

LICENSURE

- Physicians and Surgeons Certificate, California - 1981-Present
- Osteopathic Medicine and Surgery, Pennsylvania - 1979
- Osteopathic Medicine and Surgery, Michigan - 1979
- Medicine and Surgery, New Jersey - 1980
- Physician, Massachusetts - 1981
- Physicians and Surgeons, Rhode Island - 1986

PROFESSIONAL MEMBERSHIPS AND SERVICE

- American College of Osteopathic Family Physicians - Editorial Committee, 2010-2015; Practice Management Subcommittee on Patient Centered Medical Home
- American College of Osteopathic Family Physicians of California - Board Member at Large, 1984-Present
- American Medical Directors Association - 1997-Present
- American Osteopathic Association - 1978-Present
- Osteopathic Physicians and Surgeons of California - Executive Committee, 2000-2002; Vice Chair of Continuing Medical Education, 1996; State of California Legislative Committee, 2010-Present; State of California Medicare Committee, 2010-Present; State of California Managed Care Committee, 2010-Present

PUBLICATIONS AND ARTICLES

- Patient Activation for Population Health: Shifting from a Fee-for-Service Model Toward a Proactive, Preventive Approach with Increased Engagement. (2014)
- A Bold New Path in Health Care: How Patients and Allied Health Professionals Can Work Together to Process Knowledge while Simplifying the Complex and Improving Efficiency, Quality of Care, Lives of Patients and Cost Reductions. (2013)
- Transformational Innovation: Patient Activation. (2013)
- Resuscitating Association and Organization Membership. (2012)
- Teaching the Definitional Difference Between DOs and MDs. *Osteopathic Family Physician*, Vol. 4, Issue 4, pp. 128-129. (July 2012)
- How a Chief Learning Officer Can Resuscitate Your Philanthropy Initiatives. (2012)
- The Spectrum of Consequences of a Disruptive Physician. (2012)
- The Power of Philanthropy and Grant Management Degree Programs. (2011)
- Patient Centered Medical Homes with the Osteopathic Profession's Support: Transformational, Evolutionary, and Possible. (2011)
- Hospital Fundraising: Success Snapshots. (2011)
- Leadership in Healthcare Must Transition from MBAs to Doctors. *Medical Economics*. (April 2011)
- Designing the Solution: Disruptive Innovation in Health Care. (2011)
- Designing the Solution: Pivotal Chief Learning Officer Role in Innovating Health Care. (2010)
- Utilizing Medical Homes to Manage Chronic Conditions. *Osteopathic Family Physician*, Vol. 2, Issue 4, pp. 102-107. (July 2010)
- Utilizing Medical Homes to Manage Chronic Conditions. (2009)
- Health 2.0 - Merging the Concept of Virtual Social Networking with Health Information. (2009)
- Reference Guide for Weight Loss Options - Review of the Literature. (2009)
- Making Teen Parts of the Solution: The Westminster Free Clinic Model. (2008)
- When Helping Hurts: Compassion Fatigue in Family Physicians. *Medical Journal of Southern California Clinicians*. (June 2022). Overview: A comprehensive review differentiating burnout from compassion fatigue, identifying key clinical symptoms, and outlining preventative management strategies for high-stress physicians.
- Mitochondria as Master Regulators: Linking Energy, Immunity, and Inflammation. *Journal of the Osteopathic Family Physicians*. (March 2019). Overview: Explores mitochondrial biology through an osteopathic lens, detailing how whole-person assessment and physiologic regulation can transform complex symptom clusters into meaningful primary care interventions.
- Mitochondria as Master Regulators: Linking Energy, Immunity, and Inflammation. Review Article, *JOFPCA Winter 2026*.
- Confronting the Environmental Challenges of Pharmaceutical Pollution: A Call to Action for Healthcare Professionals. Review Article, Fall 2023.
- Our True Professional Destination: Mentor. *Perspective/Letter to the Editor*, March 2023.
- Personal Effects of a Pandemic on Physicians. *Magazine / Trade Publication* feature focusing on the personal and psychological toll of global healthcare crises on primary care providers.
- What Caring for 6 Generations Can Teach New Doctors. Professional Essay / Blog feature offering guidance to incoming residents and medical students on long-term family practice dynamics and multigenerational patient advocacy.
- A House Is Not a Home: Keeping the Care in Healthcare. Clinical Commentary addressing the drift away from traditional patient-physician relationships within corporate medical structures.

PRESENTATIONS AND SPEAKING ENGAGEMENTS

- ACOFP 63rd Annual Convention & Scientific Seminars. Saturday, April 18, 2026, 3:00-3:45 PM. "Mitochondria as Master Regulators: Linking Energy, Immunity, and Inflammation."
- ACOFPCA'48. Sunday, August 11, 2024. "Special Education Children and Adolescents: Meeting Their Unique Medical and Psychological Needs."
- Osteopathic Physicians and Surgeons of California Fall Convention Keynote Speaker. September 2017. "The Power of Empathy."
- ACOFPCA'42. August 2017. "Disruptive Innovation in Primary Care."
- Estes Park Institute. January 2016 and February 2017. "Communities That Health Themselves and Each Other."
- ACOFPCA'41. August 2016. "Health Care Disparities: Five Key Questions and Answers."
- TOURO. April 2016. "The Empathy Project: Empathetic Engagement in Patient Care."
- Missouri American College of Osteopathic Family Physicians. February 2014. "Leadership in Healthcare."
- Physician Leadership Institute. October 2013. "A Bold New Path in Delivery Health Care."
- Armenian Medical World Congress. July 2013. "Healthcare is About Service, Caring, and a Calling."
- Adventist Corporate Think Tank. April 2013. "Charting a Course: Disruptive Innovation in Fundraising."
- OMED. 2012. "Spectrum of Consequences of a Disruptive Physician."